

CHICKEN CORN NOODLE SOUP

with Amish Rocambole Garlic

Makes 2 Quarts



INGREDIENTS

1c small diced Carrot (~2 carrots)
1c small diced Celery (~3 ribs)
1 1/2c small diced Onion
(~1 medium onion)

1c Corn

2T Neutral Oil

2t diced Amish Rocambole Garlic

2 pinches ground Black Pepper

1t salt

1# cooked, shredded Chicken

(~2-3 breasts)

2QT Chicken Stock

1/4c lightly packed Parsley leaves,

chopped

1t salt

8oz uncooked pasta of your choice

Deeply comforting and nourishing, this soup is wonderful at the first sign of illness or on a cold evening. The Amish Rocambole Garlic lends a mild, lightly sweet flavor to the soup that melds easily with the other simple ingredients.

DIRECTIONS

- 1. In a large pot, heat the oil and sauté the carrots, onions, celery until they are halfway cooked.
- 2. Add the diced garlic and salt and sauté the rest of the way.
- 3. Add the corn, chicken, stock, black pepper and simmer for 10 minutes or until the carrots are cooked all the way through.
- 4. Meanwhile get a pot of boiling water ready for your pasta. Cook your pasta according to the packaging or until al dente.
- 5. Once the soup has simmered for a bit, add the parsley and salt to flavor.
- 6. Add your noodles and serve.

NOTES:

To serve the next day, store the cooked pasta separately with a touch of oil so it doesn't get soggy.

Recipe by Rachel Feenstra